

ADHD TRAINING FOR PARENTS/CARERS



A training and information session for parents and carers to give a better understanding of ADHD, to give strategies on how to manage a child with ADHD.

The training consists of a short presentation, followed by a Q&A session where individual issues can be addressed and further strategies suggested.



Date: 15th May 2024
Time: 10am
Place: Dagenham & Redbridge Football Club
Victoria Road
Dagenham
RM10 7XL



To book your place please send a text to
Just Say Parent Carer Forum on 07936 851199

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